

## Written Site-specific Fall Protection Plan

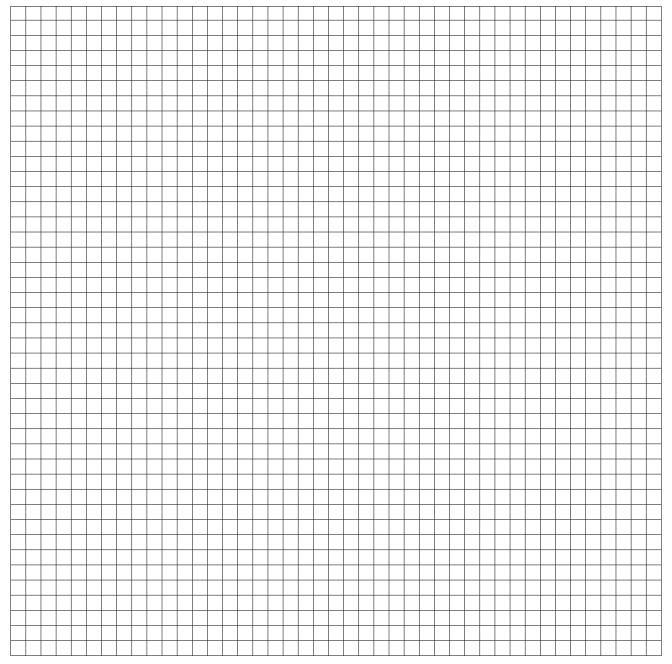
Planning plays a key role in protecting workers from fall hazards. This fall protection plan template can assist the planning process. Employers should ensure that fall protection plans are designed to address site-specific conditions and comply with Safety Acts and Occupational Health and Safety Regulations.

Site address:				Start date:		
Site description:			Employer:			
Work area:			I			
Tasks:						
Site-specific Fall Hazard	<b>ls</b> (see diagram on <sub>l</sub>	page 2 for more details	5)			
Max. height (peak):		Max. height (eaves):		Max. height (other):		
Roof slope(s), if applicable:						
Proximity to high voltage po	ower lines:					
Ground cover/hazards:						
Other/comments:						
Type of Fall Protection Y	<b>′ou Will Use</b> (see de	efinitions on page 3)				
Fall restraint		Fall arrest		Temporary	guardrail system	
Equipment Inspection						
Item	Item Comment/defect					
Full body harness						
Vertical lifelines						
Lanyards						
Rope grabs						
Anchors						
Ladders						
Ladder hoist						
Toeboards						

## **Prior to Accessing the Work Location**

Checklist	Comments
First aid attendant/facilities/equipment	
Safety headgear available for all workers	
Bin in place	
Barricades in place	
CSA safety footwear for ground work	
Safety eyewear if nail guns in use	

## Site Roof Diagram (include anchor locations)



Ladder Setup	
Set up on a firm, level base	Extends approx. 1 metre (3 feet) past edge of roof
Set up 4:1 (vertical:horizontal)	Secured/tied off
Fall Protection System Special Assembly Procedures	
Rescue Procedures for a Fallen Worker	
Fall Protection Definitions	
Fall restraint means a system to prevent a worker from falling from a w could fall.	ork position, or from travelling to an unguarded edge from which they
Fall arrest means a system that will stop a worker's fall before they hit to	he surface below.
Guardrail means a guard consisting of a top rail, approximately 107 cm approximately the mid-point of the space between the underside of the	(42 in.) above the floor level, and an intermediate rail centred at top rail and the floor level or upper edge of the toe-board if one is fitted.
Notes	

## Worker Sign-off

I acknowledge that I have reviewed the fall protection requirements and procedures for this site with my supervisor and understand my responsibilities, specifically the requirement to use personal fall protection.

Name (please print)	Signature	Company
1.		
2.		
3.		
4.		
5.		
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9.		
10.		
11		
12.		
13.		
14.		
15.		
Supervisor name:	Supervisor signature:	Date:

WSCC Emergency Reporting 24-hour Incident Reporting Line

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