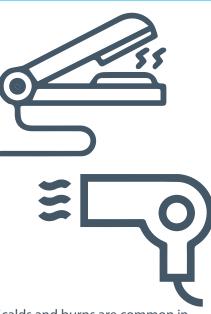
HAIR STYLISTS toolbox talk

You're Worth t

SCALDS AND BURNS



Scalds and burns are common in hair salons. Most of these injuries are relatively minor, but can be extremely painful, take a long time to heal, and can leave scarring if not cared for properly.



SAFETY **TIPS**

- 1. Turn off and unplug hot equipment when not in use.
- 2. Pay attention when handling hot equipment – look before you reach.
- **3.** Keep your work station tidy to prevent bumping into hot equipment.
- 4. Check whether there is a thermostat to control the water temperature at the hair washing stations and in the washrooms, request for your employer to install them.
- 5. When turning on water, start by turning on the cold, then slowly add hot water until you reach the desired temperature.
- 6. If you burn or scald yourself, immediately immerse the area in cold water for at least five minutes or until the pain subsides. Cooling the burn reduces swelling by conducting heat away from the skin. **Do not** put ice on the burn.

EXAMPLES OF **HAZARDS**

- Hot equipment (curling irons, hair dryers)
- Hot water washing hair or in the washroom
- Chemical burns

Adapted with permission from WorkSafeBC.

