

TOOLBOX SAFETY TALK

List examples of job tasks or work situations that may expose workers to slip, trip, or fall hazards:

EXPLAIN THE DANGER: SLIPS, TRIPS, AND FALLS FACTS

- **Slips, trips, and falls are a major cause of workplace injuries.** Almost 19% of all claims in the NWT and Nunavut between January 2021 and December 2023 were a result of injuries related to workers slipping, tripping, or falling.
- Slip, trip, and fall incidents may result in injuries such as sprains, strains, breaks, tears, bruises, wounds, and concussions.

Top 3 affected industries:

- Government organizations
- Construction and trades
- Retail

Top 3 affected occupations:

- Carpenters
- Janitors and caretakers
- Heavy equipment operators

PREVENT SLIPS, TRIPS, AND FALLS

Assess and Discuss:

- Have conditions at the worksite recently changed (for example, lighting, new job tasks, new staff)?
- Is anything unusual happening (for example, equipment or worksite maintenance)?
- Could the weather have an impact on conditions at the worksite?

PROPOSE CONTROLS

- Can workers **eliminate** or defer a task based on the conditions?
- Can workers **substitute** a tool or task to make the job safer?
- Will **engineering** controls help? This could include using a trolley, installing slip-resistant flooring or mats, increasing lighting, moving objects that reduce visibility, etc.
- Should **administrative** controls be implemented? This includes things like placing signs about hazards, creating or reviewing safe job procedures and safe work practices, training, holding focused safety talks, or performing regular worksite inspections that focus on slip, trip, and fall hazards.
- Do you need **personal protective equipment** such as snow grips for outdoor work?