HAVE A SPRAIN OR STRAIN INJURY?

Talk to your healthcare provider about getting back to work.

TREATING A SPRAIN OR STRAIN INJURY?

Talk to your patient about getting back to work.

Sprains and strains are the most common workplace injuries. Safe return to work improves recovery and rehabilitation. Speak to your healthcare provider and employer about modified or alternative duties.

WORK TO RECOVER

WorkToRecover.ca

WSCC Workers' Safety & Compensation Commission | ᐃᖅᑲᓇᐃᔭᖅᑎᓄᑦ ᐊᑦᑕᓇᖅᑐᓂᒃ ᐊᒻᒪ ᓇᓪᓕᐅᒃᑯᒪᓂᒃ ᖃᐅᔨᓴᖅᑏᑦ

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